



Lead with Clarity - Influence with Empathy - Perform with Purpose

# The 6 Essential Traits of Emotionally Intelligent Leaders

***“We don’t see things as they are, we see them as we feel.”***

12-13 February, 2026  
Melbourne Marriott Docklands





# WHY EMOTIONAL INTELLIGENCE MATTERS FOR LEADERS

Emotions drive nearly every decision we make. They shape how we communicate, collaborate, and lead, often before logic takes over.

*“90% OF TOP-PERFORMING LEADERS SCORE HIGH IN EMOTIONAL INTELLIGENCE.”*  
– HARVARD BUSINESS REVIEW

# THE EXPERIENCE

This program goes beyond theory. It is an interactive, evidence-based leadership lab designed to help you:

## 1. Emotional Clarity Under Pressure:

Cut through noise and uncertainty by understanding your emotional triggers and maintaining clarity in fast-moving, high-stakes environments.



## 2. Regulate, Recover & Stay Resilient

Manage stress, re-centre quickly, and make grounded decisions; even when facing disruption, conflict, or rapid change.

## 3. Build Trust That Scales Across Teams

Strengthen psychological safety, navigate diverse personalities, and create deeper collaboration across hybrid and cross-cultural environments.

## 4. Lead With Influence, Not Force

Inspire action through empathy, presence, and purposeful communication; shaping teams that follow because they trust you, not because they have to.

# MEASURING EMOTIONAL INTELLIGENCE



## **RECOMMENDED: EI 360° LEADERSHIP ASSESSMENT**

Participants are encouraged to complete an Emotional Intelligence 360° Leadership Assessment before attending.

This assessment provides a personalised EI profile highlighting strengths and opportunities for growth; guiding your experience throughout the workshop.

# WHO SHOULD ATTEND

- Senior and emerging leaders
- HR & L&D professionals
- Project and team managers
- Organisations cultivating emotionally intelligent cultures
- Leaders seeking to elevate performance, build resilient teams, and lead with humanity



# FACILITATOR



Afaf Ibrahim (Ph.D. Candidate) is a Certified Emotional Intelligence (EI) Practitioner, Neuro-Linguistic Programming (NLP) Coach, and Leadership Coach dedicated to helping leaders think clearly, connect deeply, and lead with purpose.

Recognized by several international publications including CIO Views Magazine as one of the Top 10 Most Influential People in the Coaching and Training Industry (2023) and by World Leaders Magazine as one of the World's Inspiring Women Making a Mark in 2024.

Afaf combines emotional intelligence, strategic insight, and human connection to inspire meaningful leadership transformation.

Afaf has guided leaders and teams to lead with resilience, strengthen decision-making under pressure, and cultivate trust-based, high performance workplaces. She is particularly passionate about the role of emotional intelligence in driving engagement, wellbeing, and organizational growth.

## **Afaf Ibrahim (DBA Candidate)**

*Certified Emotional Intelligence Practitioner  
Leadership Coach | CEO – Erudite Training Solutions  
Author of Al-Masdar: The Bridge to Excellence*

# WHAT LEADERS SAY



I had the pleasure of attending one of Afaf's coaching sessions on emotional intelligence for leaders, and I was very impressed with her teachings and great techniques to help leaders in the workplace. I have utilized this new approach in dealing with my team members and it has been very effective. I highly recommend Afaf's coaching and would attend more courses with her.

**Alyssa Alboudi**  
Victoria - State Government



Afaf is a passionate trainer who walks her talk. She shared useful information that will improve my professional and personal life. One word to describe her training is WOW!

**Manar Chelebi**



Highly recommend Erudite T.S. for gaining comprehensive insights into today's most relevant topics. From sustainability to emotional intelligence and everything in between, they gather representatives from industry leading organisations to share their perspectives on current challenges and identified solutions. A great place to build and foster relationships within your professional network.

**Marcus Curcija**  
Sustainability, Social Performance, & Stakeholder Management



Very interactive and valuable inputs. Thanks and deeply appreciated!

**Abhijeet Gupta**



## THE 6 ESSENTIAL TRAITS OF EMOTIONALLY INTELLIGENT LEADERS

DATES: FEBRUARY 12 & 13, 2026

LOCATION: MELBOURNE MARRIOTT HOTEL  
DOCKLANDS

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FOR GROUP REGISTRATIONS, CONTACT THE TEAM: [HERE](#)

